



*“The mission of St. Augustine of Canterbury parish is to grow closer to Christ and one another through worship, prayer, learning and service, and to dedicate our lives to serving Christ in the world through the power of the Holy Spirit.”*

## Upcoming Events

### **Daylight Saving Time Ends on November 3**

Daylight saving time ends **this Sunday, November 3** at 2 am local time, when we “fall back” and gain an extra hour of sleep. Don't forget to reset your clocks! It is also recommended to check the batteries on your home smoke alarms to keep your family safe. Next year, DST will begin again on Sunday, March 9, 2025.



### **Sunday Adult Christian Education**

Adult Christian Education is still going strong on Sunday mornings at 9 am! Join us as we begin the study of the Book of Titus and be part of this thought-provoking discussion. Adult Christian Ed will continue through Christmas. Questions? Contact: [Fr. Wes Shields](#)



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### **No Thanksgiving Dinner This Year**

The fellowship committee has decided that we will not be having a Thanksgiving dinner this year. They cite decreasing attendance as well as the people who have been hosting this event would like to do something else for Thanksgiving. We are sorry if this inconveniences anyone. Please reach out to one another if you know there are members who will be alone for Thanksgiving and enjoy this holiday together. If you have any questions please reach out to Wes or the office.

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## It's Time to Rise Against Hunger

Reminder - for those who have signed up, we will meet **Saturday, November 2, 10 am-12 pm** in the Parish Hall to pack 10,000 meals.



St. Augustine's is continuing its efforts to help end world hunger by 2030. [Rise Against Hunger](#) is an international hunger relief organization that distributes food and life-changing aid to the world's most vulnerable, mobilizing the necessary resources to yes, end hunger by 2030.

Questions? Contact: [Tony Tulumello](#)

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**YOUTH GUIDANCE**  
MENTORING ACADEMY

2024 Christmas Wish List

**Name:**  
Age 6

**Gift Wishes:**

- Barbie House
- A Barbie Doll
- A teddy bear



## Angel Tree Kickoff is here!

This **Sunday, November 3**, our Christmas tree in the Narthex will be decorated with gift tags with requests from local underprivileged children, signifying that our annual Angel Tree gift collection has begun. This year we continue to partner with [Youth Guidance Mentoring Academy](#) of Vero Beach, and have gathered gift wishes from the 64 children participating in that program.



There will be someone positioned in the Narthex this weekend to help you sign up for a tag. Please take a tag off the tree and sign your name on the sign-up sheet in the slot provided for your child's tag. The gift "wishes" on the tags have been checked and most can be easily found on Amazon or other online sources by typing in the descriptions on the tag. When your gifts arrive, please bring them to the office with your tag adhered to the bag that they are in. The deadline for parishioners to bring gifts for distribution is **Sunday, November 24**. Questions about Angel Tree? Contact [Dana Johnson](#)

There will also be a St. Augustine Serves Gift Wrapping event scheduled for December 7 at 9 am. To sign up, please contact [Barbara McGowan](#)

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NEW GROUPS FORMING!

## Common Table Kickoff

Come to our Common Table Potluck Supper on **Wednesday, November 6 at 5:30 pm** in the Parish Hall and find out how to participate in Common Table. **What is Common Table, you ask?** Common Table is St. Augustine's answer to small group fellowship. Common Table groups of 6 - 8 persons are randomly formed and plans made for monthly meetings at members' homes, local restaurants or other fun venues. Groups meet November through April. Join in on the fellowship! No need to sign up for this potluck ... Just come and bring a dish to share! Questions? Contact: [John Robinson](#)

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## Samaritan Soup Bowl Fundraiser

Thursday, November 7, 11:30 am - 1:30 pm, marks the date for the 32nd Annual Soup Bowl benefitting [Samaritan Center](#) for Homeless Families.

Did you know a humble bowl of soup can provide a road back for homeless families in Indian River County? Come by St. Augustine's where your donation can buy a hand-crafted pottery bowl (\$20) and delicious, homemade soup (\$5)! Enjoy the fellowship of fellow parishioners while your contribution enables Samaritan Center to offer transitional housing and guidance to homeless families in Indian River County. Additional pottery bowls are also available at The Heritage Center (2140 14th Ave, Vero Beach). Over 1,000 artistic pottery bowls have been made right here in Vero Beach by local artists for this benefit. Contact: [Anthony Tulumello](#)



## Newcomers Wine & Cheese

St. Augustine is planning a Newcomers Wine & Cheese gathering for our new parishioners to extend a "warm welcome," and get to know the newer members of our congregation. It will be held on **Wednesday, November 13 at 5 pm** in our Parish Hall. A short presentation will be given by Fr. Wes, followed by a

Q & A session. Please RSVP to [Karen McIntyre](#) by email or call 772-794-2055 by November 3rd, and join us for a delightful evening!



# EPISCOPAL CHURCH WOMEN

"We aspire to be a Godspark -  
shining and sharing the love of Christ!  
We follow in the path of Mary & Martha,  
the first women Apostles of our Lord!"



## ECW Noonday Prayer

Saturday, November 16 at 11 am in the Parish Hall.

Join us for Noonday Prayer, Lunch, the Election of Officers and our 2nd invigorating panel discussion of ministry leaders.

Are you a God Spark?

Please sign up in the Narthex or contact: [Carol Paris](#)

Find these and all our upcoming events at ...

Calendar

## Health & Wellness

### October is Breast Cancer Awareness Month

By Sally Munson, RN

Coordinator Health & Wellness Team

October is Breast Cancer Awareness Month. It is a time when we aspire to lift up our sisters who are currently going through treatment, celebrate those now in remission and actively remind us all to be vigilant because early detection can save lives. **Won't you join us?**



#### PLEASE ...

- Remember to get a yearly mammogram.
- Check your breasts regularly for any lumps, thickening or swelling, redness, dimpling or discharge, change in size or shape, or pain in breast. Call the doctor or be seen at a clinic; don't put off!

- Understand your Risk Factors, which include: Family history of breast or ovarian cancer, your personal history of breast problems, age (over 50), being overweight or obese after menopause, physical inactivity, taking hormones, drinking in excess, or inherited changes in your BRCA1 and BRCA2 genes.
- Find local support at the Scully Welsh Cancer Center's "Get Your Pink On!" free event (at Cleveland Clinic Indian River Hospital). This is an exciting evening of refreshments, shopping and health talks on **Wednesday, Oct. 23, 5-7 pm.** [More information>](#)

If you are currently going through treatment, and would like to be lifted up in prayer, receive Communion, need support or a listening ear, please let the parish office know. Any questions regarding nutrition and diet? Feel free to ask our Dietician Phillippa Norman at her monthly (last Sunday of the month) "Ask the Dietician" sessions in the Parish Hall.

Questions? Contact [Sally Munson](#)

## Outreach

### 2024 Making Strides Breast Cancer Walk - Thank you!

Although we were unable to walk this year due to the event cancellation, parishioners stepped forward with \$920 in much-needed funds to continue the breast cancer research, find the cures, provide the support services and raise the hopes of our brave survivors. Many thanks to all who contributed!



### Outreach Ministry to Serve at The Source

The St. Augustine Outreach Ministry is now serving dinner on a monthly basis at The Source, on the 3rd Friday. This commitment involves planning the menu, shopping, cooking in the Parish Hall kitchen and serving the evening meal onsite; all tasks that can be broken down into various shifts filled by volunteers. Other opportunities include making desserts in your own kitchen and bringing them to the church. If you are interested in participating in this service project, please contact [Tony Tulumello](#).





## St. Augustine Serves Shining Light Garden

Saturday, November 9, 8:30-10:30 am

Sunshine, blue skies and great fellowship! Come for a morning of planting, weeding and/or harvesting vegetables at Shining Light Garden. The new crop of corn is knee-high ... less bending! This vital ministry distributes their harvest to our neighbors in need via local food pantries, soup kitchens, homeless shelters, and other assistance programs throughout Indian River County. Come serve! **Contact:** [Barbara McGowan](#)

## Salvation Army Food Pantry

Food donations have been inspiring. Let's keep the momentum going! Food contributions for the Salvation Army may be placed in the collection box in the Parish Hall. **We only accept three items: pasta, spaghetti sauce and peanut butter (at their request).** Thank you for your generosity in helping to serve local Vero residents in need.



We are only collecting these items at this time. Thank you!

## FOOD COLLECTION

Please donate:

**Pasta**

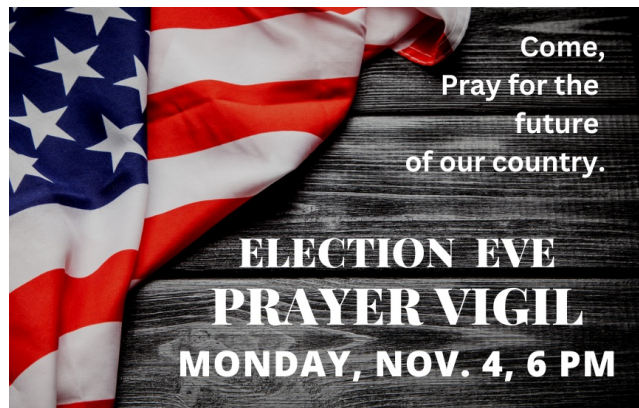
**Spaghetti Sauce**

**Peanut Butter**

## *Looking to Deepen Your Faith?*

### Election Eve Vigil Service

All are invited to come on Election Eve for this service of contemplation, connection and hope, as we gather together to pray for God's peace in resolving our country's differences. Join your parish family on **Monday, November 4 at 6 pm** for prayers, reflection and Eucharist. We will ask for His strength in moving this great nation forward.



ST. AUGUSTINE OF CANTERBURY

# Connections

Women's Bible Study Group

## Connections: Women's Bible Study Group

Ladies, our new series of Connections - a weekly Bible Study ministry just for women - is really getting interesting! We learn from each other, grow in our faith, and develop rich friendships as we study the Bible together. This fall our study is focused on The Gospel of John, presenting Jesus as the Messiah, the eternal Son of God. This is a 12-week series, so it's never too late to join in!

We gather Tuesday mornings, **September 3 - November 19, 9:30-11 am** in the Parish Hall. We use the study guide "John" (Knowing The Bible Series) by Justin Buzzard. [Click here](#) to order your study guide.

## Time for Sunday School!

Hey Kids and Families,

St. Augustine Sunday School is off to an amazing start! We are having so much fun learning interesting stories from the Bible! We meet **Sundays** (no class the first Sunday of each month), **at 10 am** in the far classroom in the Old Parish Hall.



*This Sunday in Sunday School, we will celebrate the story of God's promise fulfilled with the birth of Isaac. We will learn how, even though Abraham and Sarah were very old, God promised them a son, and they trusted Him. Despite their doubts and challenges, God kept His promise, and Isaac was born, bringing joy and hope to their lives. This story shows us that God's promises are always true, no matter how impossible they may seem. As we*

*discuss the birth of Isaac, we'll reflect on the importance of having faith and patience, knowing that God always keeps His word and has a plan for each of us. Join us as we celebrate the joy of Isaac's birth and the certainty of God's love and promises.*

***Learning the many ways God keeps His promises ...***



Come along with your friends and make new ones too! **Ages K-8 welcome** – we can't wait to see you there! Parishioners, if you have kids, grandkids, neighbors, or anyone that might be interested in Sunday School, please contact ministry leader [Michelle Guancione](#). [Sunday School Registration Form](#)>



## Daughters of the King to Meet

On **Saturday, Nov 23, at 10 am**, the Daughters of the King will hold their monthly meeting. Any woman interested in what the Daughters of the King are all about, is welcome to attend. Contact: [Nancy Kelly](#)

## This Sunday!

"You shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength. The second is this, 'You shall love your neighbor as yourself.' There is no other commandment greater than these."

MARK 12:30-31

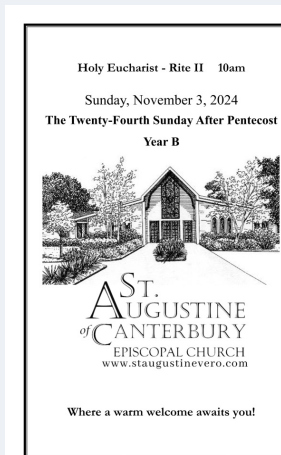
## Come Worship with us this Sunday!

St. Augustine of Canterbury invites you to join us for worship this **Twenty-Fourth Sunday After Pentecost**, either in person or at home via [Livestream](#). Or watch our livestreamed service anytime during the week on our [YouTube channel](#).

Interested in receiving Home Communion? Just call the church office (772-770-3494) and ask to be put on the Home Communion list.

[Worship Schedule](#)>

[Download the Bulletin](#)>



## Sunday Morning Fellowship

Please come join us Sundays for Coffee Hour after the 8 am and 10 am services in the Parish Hall. Enjoy the fellowship of your fellow parishioners. You never know who you might meet!

## Readers and Servers

This week's Readers and Servers will be ...



**Saturday, 5:30 pm**  
All duties: Beth Weatherstone

**Sunday, 8 am**  
All duties: Lisa Grandage  
Ushers: Linda Beardslee, Ralph Chilton

**Sunday, 10 am**  
**Ushers:** Valerie & Jerry Reich,  
and Jackie Davis  
**Lessons:** Emma Shields  
**POTP:** Cody Shields  
**Chalice:** Cody & Tucker Shields  
**Crucifer:** Julianna Guancione  
**Torches:** Jack Guancione, Jeremiah Wilson  
**LEM:** Emma Shields  
**Livestream:** Laura Shields  
**Sunday School Assistant:** Julia Wiggins  
**Coffee Hour:** Cheri Foster, Marolyn Findlay,  
Genie Bushell, Lillian Petersen, Joanne Jung,  
and Karen Monaco.



## *Join us this Week for ...*

### **Morning Prayer | Daily 8 am**

Join in on [Daily Morning Prayer](#) services over the telephone. Simply dial (339) 209-4611 before 8 am, Monday through Friday to participate. The service is easy to follow and is about 20 minutes long. Newcomers, please see the [Online Instructions](#) to set up the Daily Office App. [Launch the Daily Office App](#)>



**Parish Prayer Group | Mondays at 1:30 pm | Library**

**Prayer Shawl & Knitting Ministry | Tuesdays, 1-3 pm | Library**

**Healing Eucharist | Wednesdays at 10 am | Sanctuary**

**Bible Study with Fr. Wes | Wednesdays at 11 am | Library**

## *News & Notes*

### ***Monthly Blood Pressure Screening***

Come have your blood pressure checked by our RN's on **Sunday, November 24 after the 8 am and 10 am services** (or any last Sunday of the month) in the Parish Hall. Bring any questions

you have to our Health & Wellness Team.

### ***"Ask the Dietician"***

The Health and Wellness Team will also host an "Ask The Dietician" session after the 10 am service that same Sunday. Church members will have the opportunity to speak one-on-one with Phillippa Norman, MS, RD/LD and ask questions about nutritional wellness. We will discuss how nutrition plays a vital role in managing chronic diseases and improving quality of life.

Education informational will be provided. Ministry contact: [Sally Munson](#)



### ***Indian River Estates Luncheon***

All Indian River Estates residents are invited to a Eucharist Service and Luncheon on **Tuesday, November 5 at 11 am.**

#### **2024 ATTENDEE SURVEY**

### ***Exploring the Pandemic Impact on Congregations***

Episcopal congregations across the nation have been invited to participate in a unique survey, "Exploring the Impact of the Pandemic on Congregations." This survey explores the experiences of all attendees within a congregation (age 18 and older), and will provide our church with valuable feedback. Please [click here](#) to complete. Responses are anonymous and no personal information shared.

[Video Introduction>](#)

[What is this survey and who is conducting it?>](#)

[Take the Online Survey>](#)

[Download the Survey>](#) (PDF print format/Submit completed form to parish office.)

## ***Upcoming Events***

### ***Mark Your Calendars!***

**This Weekend!**

**Sat., November 2** - Rise Against Hunger, 10 am, Parish Hall

**Sun., November 3** - Daylight Savings Time ends, 2 am

**Sun., November 3** - Angel Tree Kickoff, annual Christmas gift-giving

### ***Save these Dates!***

**Mon., November 4** - Election Eve Vigil Service, 6 pm, Sanctuary

Tues., November 5 - Indian River Estates Eucharist/Luncheon, 11 am  
Wed., November 6 - Common Table Kickoff, 5:30 pm, Parish Hall  
Thurs., November 7 - 32nd Annual Samaritan Soup Bowl, 11:30 am, Parish Hall  
Wed., November 13 - Newcomers Wine & Cheese, 5 pm, Parish Hall  
Sat., November 16 - Episcopal Church Women Noonday Prayer/Lunch, 11 am  
Tues., November 19 - Men's Breakfast, 9 am, CJ Cannon's  
Wed., November 20 - Harvest Potluck Dinner, 5:30 pm, Parish Hall  
Sat., November 23 - Daughters of the King Meeting, 10 am, Library  
Sun., November 24 - H&W Blood Pressure Screening, 9/11 am, Parish Hall  
Sun., November 24 - "Ask the Dietician" session, 11 am, Parish Hall  
Tues., November 26 - Caregivers Support Group, 2 pm, Parish Hall  
Wed. - Fri., November 27-29 - OFFICE CLOSED for Thanksgiving

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*Find these events and more on our St. Augustine's church calendar*

**CALENDAR**

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***Useful Links***

- [How to Choose a Bible](#)> by the Rev. Wes Shields
- [Church Center](#) To access our Church Center database app on the web
- [Daughters of the King Prayer List](#)
- [Morning Prayer info and downloads](#)
- [Livestream Services](#)
- [St. Augustine's Facebook Page](#)
- [St. Augustine's YouTube Channel](#) To subscribe: Sign in to YouTube on your computer. Go to [St. Augustine's YouTube channel](#) and select a video to play. Click "Subscribe" under the play window.

***Please Keep in Your Prayers***

**Please pray for ...** all who are affected by violence, conflict or impacted by natural disasters. We also pray for Josh, Carol, Enoch, Paul, Jay, Jan, Pam, Darlene, Kathleen, Joann T., Glenda, Laurita, Dakota, Arden, Don, Elinor, Jacinth, Andy, Joanne.

***Parish Prayer List Reminder!***

*The Parish Prayer List names are reviewed on a monthly basis. Names remain on the list as long as the Office is aware that they are to remain. Names of those we have not received updates are removed from the list unless the parish office is otherwise notified. Please let us know who is in the hospital and who is deceased. Contact: [Dana Johnson](#) at 772-770-3494.*

**This Week, We Celebrate**

**Birthdays**

**This Week, We Remember**

**Departed**

- 05 - Martha Britt
- 09 - Rick Vidiri
- Sharon R. Rayner
- Ken Gorles
- Maryanne Boettjer

- 03 - Dick Polhamus (2021)
- 05 - Robert Kroepke (2013)
- Shirley Langley (2013)
- Julia Yeiser (2021)
- 09 - Bob Kingston (2016)

**Anniversaries**

- 02 - Irene & Roland Parris
- 04 - David & Glenda Altman
- 08 - Harvey and PK Lynch
- 09 - Deanna & Pat Iannotti



**Altar Flowers**

Today's Altar Flowers are given by Mary Power in loving memory of her parents Peggy & Reginald Leopold Pearson in honor of their wedding anniversary.

Today's flowers are also given by The Daughters of the King to show thanks for our Order and in memory of departed Daughters.

If you would like to remember a loved one with Altar Flowers, please fill out a flower request envelope found in the brochure rack

on the wall in the Narthex, or on the Slat Wall in the Parish Hall. It can be submitted to the office or in the offering plate, or contact [Dana Johnson](#) at the Parish Office at 772-770-3494.

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