



“The mission of St. Augustine of Canterbury parish is to grow closer to Christ and one another through worship, prayer, learning and service, and to dedicate our lives to serving Christ in the world through the power of the Holy Spirit.”

2025 STEWARDSHIP CAMPAIGN

The point is this: *the one who sows sparingly will also reap sparingly, and the one who sows bountifully will also reap bountifully. Each of you must give as you have made up your mind, not regretfully or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that by always having enough of everything, you may share abundantly in every good work.*

2 CORINTHIANS 9: 6-8



As We Wrap up our 2025 Stewardship Campaign ... we ask each of you to reflect on the abundance God has given us, individually and as a faith community, and respond by submitting your pledge card to the parish office by **this Sunday, February 23**. If you prefer, you can [pledge online](#)>

NOTE: If you did not receive a Stewardship packet, please contact the church office. Additional packets are available in the Narthex.

PLEDGE ONLINE

Why We Pledge ...

“What Stewardship means to us ...



is the recognition that everything we have and everything we are is a gift from God and being grateful and generous with those gifts."

Leslie & Chris Valentine

"The Church has a real spirit of warmth and fellowship, the sermons are powerful and focused on the Gospel and there is a sense of holiness and closeness to God."
Sophia Isaac



Each of you must give as you have made up your mind, not regretfully or under compulsion, for God loves a cheerful giver.

2 CORINTHIANS 9:7

PLEDGE TODAY

Upcoming Events

Feed the Lambs Breakfast Fundraiser

All are invited to come to the Feed the Lambs Breakfast Fundraiser on **Saturday, March 1, 8 - 11 am** in the Parish Hall. This event will benefit Feed the Lambs, an organization dedicated to servicing underprivileged low-income youth and families throughout Indian River County, one St. Augustine's actively supports. Tickets may be purchased for \$10 at the door or by calling 772-501-2617. Contact: [Anthony Tulumello](#)



Shrove Tuesday Parish Potluck

Join us for a Shrove Tuesday Parish Potluck featuring Cajun cuisine on **Tuesday, March 4 at 5:30 pm** in the Parish Hall. The Church will provide Jambalaya; parishioners are asked to bring side dishes, Cajun-style if they have a recipe they like to make. And desserts are welcome, too! No

sign-up necessary - Just come! Contact: [Carol Paris](#)



St. Patrick's Day Dinner & Singalong

On Friday, March 14 at 6 pm, a traditional St. Patty's Day dinner will be catered by our own Rosemarie McGlynn with a sing-a-long provided by local songstress, Julie Lendon Stone. Come get your Green On! in the Parish Hall. Look for the signup in the Narthex. Contact: [Carol Paris](#)

Find these and all our upcoming events at ...

Calendar



Join us on our Lenten Journey!

MARCH 5, 10 AM | 6 PM (SANCTUARY)

Ash Wednesday Imposition of Ashes

Ashes are an ancient sign of penitence, a mark of the cross to remind us that we are dust and to dust we shall return. Join us for the Imposition of Ashes on Wed., March 5. Services will be at 10 am and 6 pm.

MARCH 8, 9 AM - 2:30 PM (PARISH HALL)

Lenten Quiet Day

Hosted by the Episcopal Church Women and led by Br. Rick Lorino, our Lenten Quiet Day study this year is entitled, "The Words that Jesus Gave Us" (Understanding The Lord's Prayer). We start the day with a continental breakfast, followed by prayer, meditation and reflection. A light lunch will be served at noon. All members of the parish are invited. Signup is required (for food and instructional materials count). Please sign up in the Narthex. Contact: [Marilyn Black Dussault](#)

MARCH 5 - APRIL 17, 8 AM

Morning Prayer (Every Day Monday - Friday)

Make Morning Prayer part of your Lenten Journey ...Join us for [Daily Morning Prayer](#) services over the telephone. Simply dial (339) 209-4611 before 8 am, Monday through Friday to participate. The service is easy to follow and is about 20 minutes long. Newcomers, please see the [Online Instructions](#) to set up the Daily Office App. [Launch the Daily Office App>](#)

THURSDAYS IN LENT, 9 AM (RIVERSIDE PARK)

Lenten Walks

Lent is a time for reflection, renewal and for striving towards positive additions to our lives. If you have been wanting to be more active, consider joining us on Thursday mornings at 9 am in Riverside Park on their walking trail (near the Tennis Courts). It's something I'd like to do to improve my well-being and I'd love to have you join me on my Lenten Journey. Contact me if you have questions: [Sally Munson, RN](#)

FRIDAYS IN LENT, 2 PM (SANCTUARY)

Stations of the Cross

The fourteen Stations of the Cross will be visited every Friday in Lent, including Good Friday, at 2 pm, starting March 7. Led by Anthony Tulumello, the readings and prayers are presented in pamphlets both in regular and large print. Attendees have the option of following the cross as it moves from station to station, or remaining in the pews. Verses from the Stabat Mater (Hymnal 159) are sung between stations. Contact: [Anthony Tulumello](#)

SUNDAYS IN LENT, 9 AM (LIBRARY)

Adult Christian Ed

Be sure to join us for new insights and thought-provoking discussion. Sunday mornings at 9 am in the Library. All are welcome!

WEDNESDAYS IN LENT, 5:30 PM (PARISH HALL)

Lenten Potluck Suppers

All are invited to gather for a Potluck Supper at 5:30 pm (March 12, 19, 26, April 2 and 9). **NOTE:** Wednesday, March 26 will be a special, non-potluck dinner - details to follow. Join us for some good food and great fellowship! No sign-up necessary - Just bring a favorite main, side or dessert dish. After dinner each week, Wes will lead us in study of a series from the Prayer Course entitled, "Unanswered Prayers." In this video series, we will examine why an all-powerful, all-loving God appears to be so distant, silent, or even absent in the hour of greatest need."

APRIL 13, 8 AM & 10 AM SERVICES (SANCTUARY)

Palm Sunday, The Sunday of the Passion

This solemn day marks the beginning of Holy Week. We begin by joining Jesus' triumphal procession into the city of Jerusalem with joyful "Hosannas!", and end with the confusion and fear that leads to the cross. Regular service times on this day.

HOLY WEEK

Thursday, April 17 – Maundy Thursday Service, 5:30 pm

Friday, April 18 – Good Friday Service, 5:30 pm

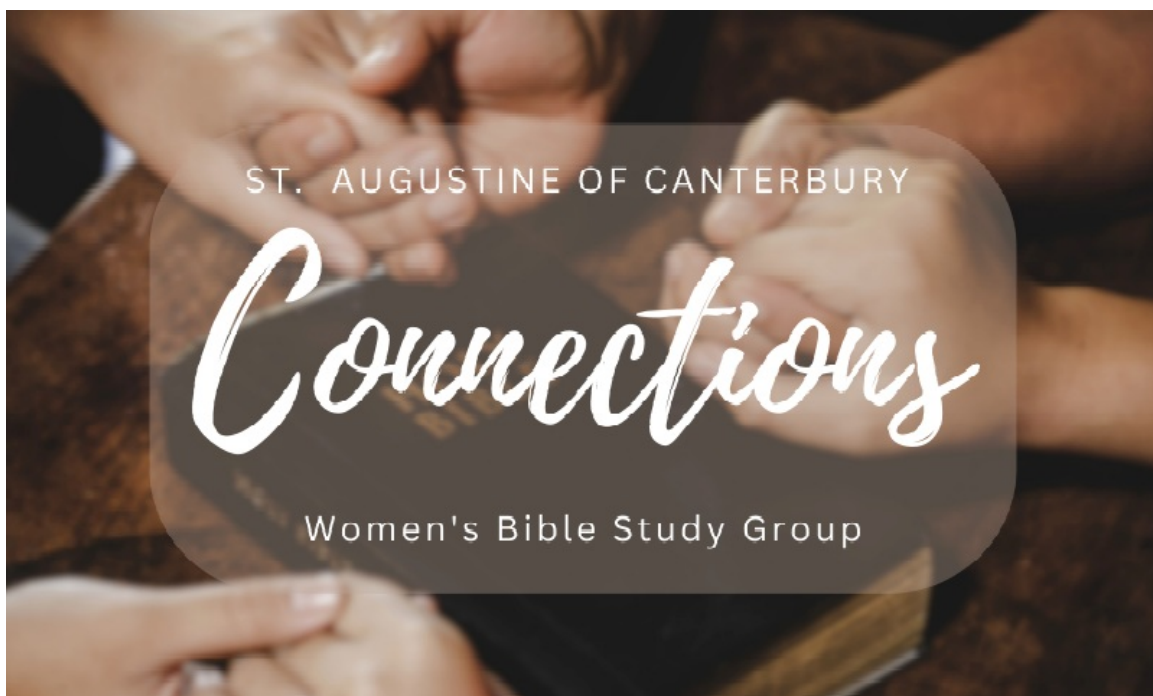
Saturday, April 19 – Easter Vigil Service, 7:30 pm (No 5:30 pm service)

Sunday, April 20 – Easter Sunday Services, 8 & 10 am

Looking to Deepen Your Faith?

Sunday Adult Christian Education

Adult Christian Ed meets on **Sunday mornings at 9 am** in the Library! Come be part of this thought-provoking discussion. Questions? Contact: [Fr. Wes Shields](#)



Women's Bible Study: Come Make a Connection!

Connections is a women's Bible study ministry serving women of all ages. We learn from each other, grow in our faith, and develop rich friendships as we study the Bible together in small discussion groups facilitated by a

leader. Starting January 7, we will meet for 12 weeks on Tuesdays from 9:30-11 am in the Parish Hall to study the Gospel of Matthew. Our facilitators will be Anita Plummer and Valerie Reich. [Purchase your study guide using this link](#)



Come Join Us Anytime! No sign-up necessary - there is always a seat at the table ready just for you! **Contact:** [Valerie Reich](#)
[Order Study Guide](#)>

This Week at Sunday School!

We will be learning about the powerful story of Joseph forgiving his brothers. After years of hardship and rising to a position of power in Egypt, Joseph's brothers come to him for help, unaware of who he is. Despite the wrongs they had done to him, Joseph chooses to forgive them, showing them mercy and compassion. This story teaches us about the strength and importance of forgiveness, even when we've been hurt. We will learn how God calls us to forgive others as He has forgiven us, and how forgiveness brings healing and restores relationships. Children will be encouraged to practice forgiveness in their own lives, following Joseph's example of grace and reconciliation.



We meet **Sundays** (no class the first Sunday of each month), **at 10 am** in the far classroom in the Old Parish Hall. Come along with your friends and make new ones too!

Ages K-8 welcome – we can't wait to see you there! Parishioners, if you have kids, grandkids, neighbors, or anyone that might be interested in Sunday

School, please contact ministry leader [Michelle Guancione](#).

Daughters of the King: Come Learn More About Us!



Think we are just a bunch of old ladies?



Let's Change That!

All women of the parish are invited to learn more about the Daughters at any time. Our next meeting will be **Saturday, February 22 at 10 am** in the Library. Please join us! Contact: [Nancy Kelly](#)

Outreach



Sunday



Wednesday

Salvation Army Pantry: Carry On!

While we continue to make a real difference with our food donations to the Salvation Army, the need continues to grow. Show the love by imagining those empty shelves filled to the brim. Your contributions may be placed in the collection box in the Parish Hall. **We only accept three items: pasta, spaghetti sauce and peanut butter (at their request).** Thank you for your generosity in helping to serve local Vero residents in need!



Try On a New Service Hat!

All of these opportunities to serve can be fulfilled on a flexible schedule and carry no ongoing commitment. What are you waiting for?

3RD FRIDAYS AT THE SOURCE

Many thanks to the 7 parishioners who have stepped forward to join us in this ministry! The possibility of setting up teams of 4 or 5

members who can alternate months is under consideration. The Outreach Ministry is now serving dinner on a monthly basis at The Source, which involves menu-planning, shopping, cooking in the parish kitchen and serving the evening meal onsite (all as separate tasks). Our next service date is **Friday, February 21**. Please contact: [Tony Tulumello](#) if you would like to be part of this important ministry.



SHINING LIGHT GARDEN THIS SATURDAY!

8:30-10:30 am at 7275 49th St, Vero Beach
Harvest is in full swing! Come plant, weed and harvest vegetables for Shining Light Garden, one of St. Augustine Serves monthly community outreach projects. The produce we help grow is distributed to our neighbors in need via local food pantries, soup kitchens, homeless shelters, and other assistance programs throughout Indian River County. Don't forget your work gloves, water, sun screen and hat! Ministry contact: [Barbara McGowan](#)



This Sunday!

Jesus said, "I say to you that listen, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. Do to others as you would have them do to you."

LUKE 6:27-31

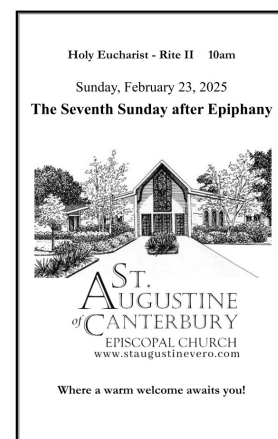
Come Worship with us this Sunday!

St. Augustine of Canterbury invites you to join us for worship this **Seventh Sunday after Epiphany**, either in person or at home via [Livestream](#). Or watch our livestreamed service anytime during the week on our [YouTube channel](#).

Interested in receiving Home Communion? Just call the church office (772-770-3494) and ask to be put on the Home Communion list.

[Worship Schedule>](#)

[Download the Bulletin>](#)



Sunday Morning Fellowship

Please come join us Sundays for Coffee Hour after the 8 am and 10 am services in the Parish Hall. Enjoy the fellowship of your fellow parishioners. You never know who you might meet!

Readers and Servers

This week's Readers and Servers will be ...

Saturday, 5:30 pm

All duties: Beth Weatherstone

Sunday, 8 am

Lessons/Psalm: Cris Vaccaro

POTP: Tom Hall

Server: Cris Vaccaro

Ushers: Bill & Sandy Hawksworth

Coffee Hour: Inge & Byron Curcio



Sunday, 10 am

Ushers: Deb Kavanagh, Richard Calkins, and Tom & Pam White

Lessons: Marilyn Black Dussault

POTP: Deb Kavanagh

Chalice: Heather Bennett, Nancy Kelly

Crucifer: Sally Munson

Torches: Heather Bennett, Nancy Kelly

LEM: Sally Munson

Livestream: Emma Shields

Sunday School Assistant: Julia Wiggins

Coffee Hour: Karen & Dick Monaco, Tom Elwood, Donna Copeland, Barbara Houston

Join us this Week for ...

Morning Prayer | Daily 8 am

Join in on [Daily Morning Prayer](#) services over the telephone. Simply dial (339) 209-4611 before 8 am, Monday through Friday to participate. The service is easy to follow and is about 20 minutes long. Newcomers, please see the [Online Instructions](#) to set up the Daily Office App. [Launch the Daily Office App>](#)



Parish Prayer Group | Mondays at 1:30 pm | Library

Prayer Shawl & Knitting Ministry | Tuesdays, 1-3 pm | Library

News & Notes

HEALTH AND WELLNESS MINISTRY

February is Heart Healthy Month

Take a moment to reflect on ways we can take care of our hearts:

- Be aware of our family history and any heart risks we need to be aware of and take the necessary steps to alert our health care professionals.
- Keep our blood pressure under control and seek support if it isn't in a healthy range.
- Get outside and enjoy a walk, bike ride, swimming, a workout group or try a new sport if able.
- Enjoy a variety of foods and stress fruits, vegetables, various sources of lean protein and good carbs.
- Drink lots of water and cut back or stop sugar-loaded drinks.
- Engage with others.
- Remember to have fun and have a laugh.
- Give thanks for every day; we are blessed.
- Take up a new activity like cards, mahjong, bridge, Wordle to keep your brain active.
- Volunteer and practice giving back.



Monthly Blood Pressure Screening

Come have your blood pressure checked by our RN's on **Sunday, February 23** after the **8 am and 10 am services** (or any last Sunday of the month) in the Parish Hall. Bring any questions you have to our Health & Wellness Team.



"Ask the Dietician"

The Health and Wellness Team will also host an **"Ask The Dietician" session after the 10 am service that same Sunday**. Church members will have the opportunity to speak one-on-one with Phillippa Norman, MS, RD/LD and ask questions about nutritional wellness. We will discuss how nutrition plays a vital role in managing chronic diseases and improving quality of life. Education informational will be provided. **Contact:** [Sally Munson](#)

Caregiver's Support Group

The Caregivers Support Group will meet on **February 25** (the fourth Tuesday of each

month), at 2 pm in the Parish Hall. If you are feeling weighed down by caregiving worries or concerns, connecting with other caregivers is great emotional support. Come share your practical advice on managing challenges in caregiver relationships. Contact: [Sally Munson](#)



Who Me? Exercise?

It's not too late to "Get 2025 Off to a Healthy Start," but you better get moving! Come join our new parish exercise group. Led by parishioner Lori Long, the group is meeting Wednesdays at 1:15 pm for a one-hour session of easy stretching and strengthening, all designed to improve our fitness, posture and balance. Contact [Barbara McGowan](#) if you're interested.



Calendar

Mark Your Calendars!

Thurs., Feb. 20, 27 - St. Augustine Serves King of the Hill Tournament
Fri., Feb. 21 - Third Fridays at The Source
Sat., Feb. 22 - St. Augustine Serves Shining Light Garden, 8:30 - 10:30 am
Sat., Feb. 22 - Daughters of the King, 10 am, Library
Sun., Feb. 23 - Annual Stewardship Campaign Pledges Due
Sun., Feb. 23 - Blood Pressure Screening/Dietician Consults, 9 am, Parish Hall
Tues., Feb. 25 - Connections: Women's Bible Study, 9:30 am, Parish Hall
Tues., Feb. 25 - Caregivers Support Group, 2 pm, Parish Hall

Save These Dates!

Sat., Mar. 1 - Feed the Lambs Breakfast Fundraiser, 8-11 am, Parish Hall
Tues., Mar. 4, 11, 18, 25 - Connections: Women's Bible Study, 9:30 am
Tues., Mar. 4 - Shrove Tuesday Parish Potluck, 5:30 pm, Parish Hall
Wed., Mar. 5 - Ash Wednesday Imposition of Ashes, 10 am | 6 pm, Sanctuary
Thurs., Mar. 6, 13, 20, 27 - Lenten Walks, 9 am, Riverside Park
Fri., Mar. 7, 14, 21, 28 - Stations of the Cross, 2 pm, Sanctuary
Sat., Mar. 8 - Lenten Quiet Day, 9 am - 2:30 pm, Parish Hall
Sun., Mar. 9 - Daylight Savings Begins
Wed., Mar. 12, 19, 26 - Lenten Potluck Suppers, 5:30 pm, Parish Hall
NOTE: Wed., Mar. 26 will be a special, non-potluck dinner - details to follow.
Fri., Mar. 14 - St. Patrick's Day Dinner & Singalong, 6 pm, Parish Hall
Tues., Mar. 18 - Men's Breakfast, 9 am, CJ Cannons
Fri., Mar. 21 - Third Fridays at The Source
Sat., Mar. 22 - Daughters of the King, 10 am, Library
Tues., Mar. 25 - Caregivers Support Group, 2 pm, Parish Hall
Wed., Mar. 26 - Special Lenten Dinner, 5:30 pm, Parish Hall

Find these events and more on our [St. Augustine's calendar](#)

CALENDAR

Useful Links

- [How to Choose a Bible](#)> by the Rev. Wes Shields
- [Church Center](#) To access our Church Center database app on the web
- [Daughters of the King Prayer List](#)
- [Morning Prayer info and downloads](#)
- [Livestream Services](#)
- [St. Augustine's Facebook Page](#)
- [St. Augustine's YouTube Channel](#) To subscribe: Sign in to YouTube on your computer. Go to [St. Augustine's YouTube channel](#) and select a video to play. Click "Subscribe" under the play window.

Please Keep in Your Prayers

Please pray for ... all who are affected by violence, conflict or impacted by natural disasters. We also pray for Carl, Ken, Darlene, Sherry, Donna, Jay, Melanie, Jacira, Jill, Elaine, Matthew, Evelyn, Kathleen, Glenda, Dakota, Arden, Elinor, Jacinth, Andy, Joanne.

Parish Prayer List Reminder!

The Parish Prayer List names are reviewed on a monthly basis. Names remain on the list as long as the Office is aware that they are to remain. Names of those we have not received updates are removed from the list unless the parish office is otherwise notified. Please let us know who is in the hospital and who is deceased. Contact: [Dana Johnson](#) at 772-770-3494.

This Week, We Celebrate

Birthdays

27 - Drew Palmer
29 - Mary Shoaf
01 - Mary Breglia

Anniversaries

25 - Winston & Phillippa Norman (1995)
01 - Toby & Carolyn Robinson

This Week, We Remember

Departed

25 - Peter Bridgford (2020)
Gloria Furst (2023)



Altar Flowers

If you would like to remember a loved one with



Altar Flowers, please fill out a flower request envelope found in the brochure rack on the wall in the Narthex, or on the Slat Wall in the Parish Hall. It can be submitted to the office or in the offering plate, or contact [Dana Johnson](#) at the Parish Office at 772-770-3494.

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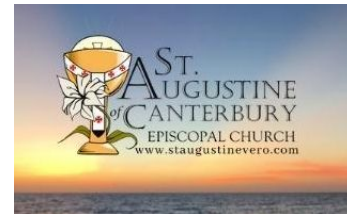
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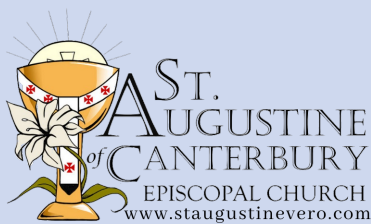
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OFFICE HOURS: Monday-Thursday, 9 am-2 pm
Fridays: 9 am-12 pm

[WEBSITE](#)

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