



*“The mission of St. Augustine of Canterbury parish is to grow closer to Christ and one another through worship, prayer, learning and service, and to dedicate our lives to serving Christ in the world through the power of the Holy Spirit.”*

## *Upcoming Events*



THIS SATURDAY!

### **Episcopal Church Women Arts & Craft Festival**

Over 30 Artists and Crafters will display their talent and offer some truly unique gifts to kickstart your holiday shopping this **Saturday, Oct. 19, 9 am - 1 pm** in the Parish Hall. Unique Holiday Gifts! Join us and get a head start on your holiday shopping! This year we will have a particularly interesting array of crafts. Here is just a preview ...



Designs by Di Shell Art and more



Beautiful Cyprus wood sculpture by Joyce Silver

Plus! The Dignity Food Truck from The Source will offer Delicious Lunch Choices! The food truck supports student chefs from the Dining with Dignity program by providing hands-on training with made-to-order meals for real customers. They will be selling their award-winning wing sauce for \$10 per bottle. Come experience it! [Click here](#) to download the menu! For more festival info, contact: [Carol Paris](#)

**TRY OUR AWARD WINNING "MO" Wings \$14.75**  
Sweet, Jalapeno, Pineapple with French Fries

**Award-Winning Pineapple Bowls**  
Fresh Pineapple filled with rice and a choice of chicken or shrimp, drizzled with our Signature "Mo" Sauce. \$20.00

**SIDES**  
Onion Rings \$5.00  
French Fries \$3.00  
Crab Fries drizzled with cheese sauce \$4.00

**Dignity Burger**  
Lambert, Tomato, Cheddar, Mayo  
American Cheese, with French Fries \$10.00

**Cuban**  
Ham, Roasted Pork, Swiss Cheese, Pickles, Mustard, Cuban Koli \$12.00

**DRINKS**  
TRY OUR AWARD-WINNING Strawberry Lemonade \$5.00  
Bottled Water \$2.00

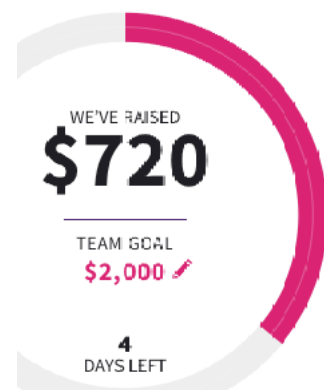


## 2024 Making Strides Breast Cancer Walk

With deep regret, we have learned that Riverside Park is unable to host the annual Making Strides Cancer Walk this Saturday due to storm damage from Hurricane Milton. The American Cancer Society has been **forced to cancel** the event. While we will not be able to walk in support of our sisters who are breast cancer patients, survivors, and thrivers, [we can still donate](#) much-needed funds to continue the research, find the cures, provide the support services and raise the hopes of these brave women.

**If you have already made your donation, THANK YOU!**

Last year, St. Augustine Serves helped raise \$2600 for this very worthy cause. As our team picture shows below, we came together as one, on a beautiful day in the Park, walking in the sunshine for our mothers, sisters, aunts, nieces, friends and neighbors. Many others walked with us in spirit, by making generous donations. For all of us this is a personal mission because cancer has touched our lives so deeply. Even though we will not be walking this year, I invite you to still [donate](#). The hurricane certainly did not take the need away. Questions? Please contact [Barbara McGowan](#)





**DONATE  
TODAY!**

RESCHEDULED

## Music Bingo is Back On!

To all who were disappointed with the cancellation of our Music Bingo due to the hurricane, Good News! It is back on! Mark your calendar for **Friday, October 25, 6-8 pm** in the Parish Hall for a whole



new take on Bingo. Host DJ Troy will spin the tunes, and you may just find yourselves singing along as you search for them on your Music Bingo cards. Pay \$5 for six games. Great prizes, one for each round. Please BYOB & snacks. And don't forget your family and friends! Contact: [Carol Paris](#)

SIGN UP THIS SUNDAY!

## It's Time to Rise Against Hunger

St. Augustine's is continuing its efforts to help end world hunger by 2030 and you are invited to participate! [Rise Against Hunger](#) is an international hunger relief organization that distributes food and life-changing aid to the world's most vulnerable, mobilizing the necessary resources to yes, end hunger by 2030.



Join us **Saturday, November 2, 10 am-12 pm** in the Parish Hall, when St. Augustine parishioners, friends and neighbors will help Rise Against Hunger pack 10,000 meals in two hours. Sign up in the Narthex and give a shout-out to family and friends to come join in the fun! Families are welcome, children below fifth grade must be accompanied by an adult. Questions? Contact: [Tony Tulumello](#)

Find these and all our upcoming events at ...

**Calendar**

## Health & Wellness

### October is Breast Cancer Awareness Month

By Sally Munson, RN

Coordinator Health & Wellness Team

**October is Breast Cancer Awareness Month.** It is a time when we aspire to lift up our sisters who are currently going through treatment, celebrate those now in remission and actively remind us all to be vigilant because early detection can save lives. **Won't you join us?**



#### PLEASE ...

- Remember to get a yearly mammogram.
- Check your breasts regularly for any lumps, thickening or swelling, redness, dimpling or discharge, change in size or shape, or pain in breast. Call the doctor or be seen at a clinic; don't put off!
- Understand your Risk Factors, which include: Family history of breast or ovarian cancer, your personal history of breast problems, age (over 50), being overweight or obese after menopause, physical inactivity, taking hormones, drinking in excess, or inherited changes in your BRCA1 and BRCA2 genes.
- Find local support at the Scully Welsh Cancer Center's "Get Your Pink On!" free event (at Cleveland Clinic Indian River Hospital). This is an exciting evening of refreshments, shopping and health talks on **Wednesday, Oct. 23, 5-7 pm.** [More information>](#)

If you are currently going through treatment, and would like to be lifted up in prayer, receive Communion, need support or a listening ear, please let the parish office know. Any questions regarding nutrition and diet? Feel free to ask our Dietician Phillippa Norman at her monthly (last Sunday of the month) "Ask the Dietician" sessions in the Parish Hall.

Questions? Contact [Sally Munson](#)

## Outreach

### Outreach Ministry to Serve at The Source

The St. Augustine Outreach Ministry is now serving dinner on a monthly basis at The Source, on the 3rd Friday. This commitment involves planning the menu, shopping, cooking in the Parish Hall kitchen and serving the evening meal onsite; all tasks that can be broken down into various shifts filled by volunteers. Other



opportunities include making desserts in your own kitchen and bringing them to the church. If you are interested in participating in this service project, please contact [Tony Tulumello](#).

## Salvation Army Food Pantry

Food donations have been inspiring. Let's keep the momentum going! Food contributions for the Salvation Army may be placed in the collection box in the Parish Hall. **We only accept three items: pasta, spaghetti sauce and peanut butter (at their request).** Thank you for your generosity in helping to serve local Vero residents in need.



We are only collecting these items at this time. Thank you!

## FOOD COLLECTION

Please donate:  
**Pasta**

**Spaghetti Sauce**  
**Peanut Butter**

## *Looking to Deepen Your Faith?*

### Election Eve Vigil Service

All are invited to come on Election Eve for this service of contemplation, connection and hope, as we gather together to pray for God's peace in resolving our country's differences. Join your parish family on **Monday, November 4 at 6 pm** for prayers, reflection and Eucharist. We will ask for His strength in moving this great nation forward.



### Connections: Women's Bible Study Group

Ladies, our new series of Connections - a weekly Bible Study ministry just for women - is really getting interesting! We learn from each other, grow in our faith, and develop rich friendships as we study the Bible together. This fall our study is focused on The Gospel of John, presenting Jesus as the Messiah, the eternal Son of God. This is a 12-week series, so it's never too late to join in!

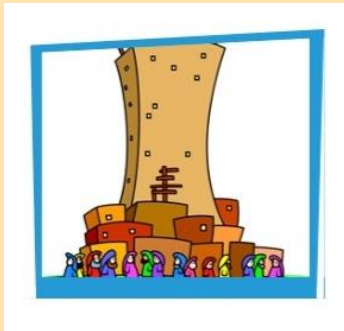
We gather Tuesday mornings, **September 3 - November 19, 9:30-11 am** in the Parish Hall. We use the study guide "John" (Knowing The Bible Series) by Justin Buzzard. [Click here](#) to order your study guide.

---

## Time for Sunday School!

Hey Kids and Families,

St. Augustine Sunday School is off to an amazing start! We are having so much fun learning interesting stories from the Bible! We meet **Sundays** (no class the first Sunday of each month), **at 10 am** in the far classroom in the Old Parish Hall.



*This week in Sunday School, we will explore the story of the Tower of Babel, found in Genesis. We will learn how people tried to build a tall tower to reach the heavens and make a name for themselves. But God wasn't pleased with their pride, so He mixed up their languages and scattered them across the earth. This story reminds us that God wants us to work together in ways that honor Him, rather than seeking to make ourselves more important. As*

*we talk about the Tower of Babel, we'll learn about the value of humility and the importance of working together with respect and love.*



**Learning the many ways God keeps His promises ...**

Come along with your friends and make new ones too! **Ages K-8 welcome** – we can't wait to see you there!

Parishioners, if you have kids, grandkids, neighbors, or anyone that might be interested in Sunday School, please contact ministry leader [Michelle Guancione](#).

[Sunday School Registration Form](#)>

---

## Sunday Adult Christian Education

Our Adult Christian Ed study group is meeting this **Sunday at 9 am** to continue their focus on the Book of Acts. Join us Sunday mornings in the Library and be part of this thought-provoking discussion. Questions? Contact: [Fr. Wes Shields](#)



---

## Daughters of the King to Meet

On **Saturday, Oct. 26, at 10 am**, the Daughters of the



King will hold their monthly meeting. Any woman interested in what the Daughters of the King are all about, is welcome to attend. Contact: [Nancy Kelly](#)

## This Sunday!

*"Whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many."*

MARK 10:43-45

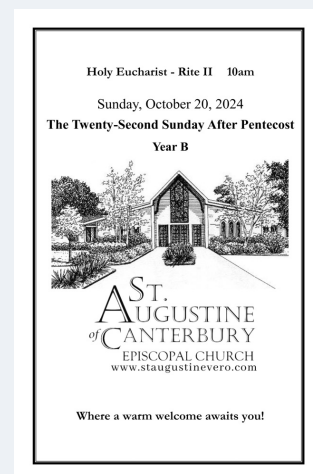
### ***Come Worship with us this Sunday!***

St. Augustine of Canterbury invites you to join us for worship this **Twenty-Second Sunday After Pentecost**, either in person or at home via [Livestream](#). Or watch our livestreamed service anytime during the week on our [YouTube channel](#).

Interested in receiving Home Communion? Just call the church office (772-770-3494) and ask to be put on the Home Communion list.

[Worship Schedule>](#)

[Download the Bulletin>](#)



### ***Sunday Morning Fellowship***

Please come join us Sundays for Coffee Hour after the 8 am and 10 am services in the Parish Hall. Enjoy the fellowship of your fellow parishioners. You never know who you might meet!

### ***Readers and Servers***

This week's Readers and Servers will be ...

**Saturday, 5:30 pm**

All duties: Carolyn Robinson

**Sunday, 8 am**

All duties: Mary Power

**Sunday, 10 am**

**Ushers:** Brian & Karen McIntyre and Pam Wehrberger

**Lessons:** Nancy Kelly

**POTP:** Russell Kratz



**Chalice:** Stuart and Chip Weismiller  
**Crucifer:** Russell Kratz  
**Torches:** Stuart and Chip Weismiller  
**LEM:** Russell Kratz  
**Livestream:** Emma Shields  
**Sunday School Assistant:** Julia Wiggins  
**Coffee Hour:** Belma Kerrigan, Janet Langan, Mary Moriarty, and Carole Pennington

## *Join us this Week for ...*

### **Morning Prayer | Daily 8 am**

Join in on [Daily Morning Prayer](#) services over the telephone. Simply dial (339) 209-4611 before 8 am, Monday through Friday to participate. The service is easy to follow and is about 20 minutes long. Newcomers, please see the [Online Instructions](#) to set up the Daily Office App. [Launch the Daily Office App>](#)



**Parish Prayer Group | Mondays at 1:30 pm | Library**

**Prayer Shawl & Knitting Ministry | Tuesdays, 1-3 pm | Library**

**Healing Eucharist | Wednesdays at 10 am | Sanctuary**

**Bible Study with Fr. Wes | Wednesdays at 11 am | Library**

## *News & Notes*

### ***Caregiver's Support Group***

The Caregivers Support Group will meet on **October 22** (the fourth Tuesday of each month), at **2 pm** in the Parish Hall. If you are feeling weighed down by caregiving worries or concerns, connecting with other caregivers is great emotional support. Come share your practical advice on managing challenges in caregiver relationships. **Contact:** [Sally Munson](#)



### ***Indian River Estates Luncheon***

All Indian River Estates residents are invited to a Eucharist Service and Luncheon on Tuesday,





November 5 at 11 am.

## Upcoming Events

### Mark Your Calendars!

Sat., October 19 - St. Augustine Serves at Making Strides Breast Cancer Walk, 8:30 am, Riverside Park **CANCELLED**

Sat., October 19 - ECW Arts & Crafts Fair, 9 am, Parish Hall

Tues., October 22 - Connections: Women's Bible Study, 9:30 am, Parish Hall

Tues., October 22 - Caregivers Support Group, 2 pm, Parish Hall

Sat., October 26 - Daughters of the King Monthly Meeting, 10 am, Library

Sun., October 27 - H&W Blood Pressure Screening, 9/11 am, Parish Hall

Sun., October 27 - "Ask the Dietician" session, 11 am, Parish Hall

Tues., October 29 - Connections: Women's Bible Study, 9:30 am, Parish Hall

### Save these Dates!

Sat., November 2 - Rise Against Hunger, 10 am, Parish Hall

Sun., November 3 - Daylight Savings Time ends, 2 am

Sun., November 3 - Angel Tree Kickoff, annual Christmas gift-giving

Mon., November 4 - Election Eve Vigil Service, 6 pm, Sanctuary

Tues., November 5 - Indian River Estates Eucharist/Luncheon, 11 am

Wed., November 6 - Common Table Kickoff, 5:30 pm, Parish Hall

Thurs., November 7 - 32nd Annual Samaritan Soup Bowl, 11 am, Parish Hall

Wed., November 13 - Newcomers Wine & Cheese, 5 pm, Parish Hall

---

*Find these events and more on our St. Augustine's church calendar*

**CALENDAR**

---

### Useful Links

- [How to Choose a Bible](#) by the Rev. Wes Shields
- [Church Center](#) To access our Church Center database app on the web
- [Daughters of the King Prayer List](#)
- [Morning Prayer info and downloads](#)
- [Livestream Services](#)
- [St. Augustine's Facebook Page](#)
- [St. Augustine's YouTube Channel](#) To subscribe: Sign in to YouTube on your computer. Go to [St. Augustine's YouTube channel](#) and select a video to play. Click "Subscribe" under the play window.

# Please Keep in Your Prayers

**Please pray for ...** all who are affected by violence, conflict or impacted by natural disasters. We also pray for Jan, Pam, Darlene, Sandy, Kathleen, Joann T., Kenny, Suzan, Nancy, Jacira, Glenda, Laurita, Dakota, Arden, Don, Elinor, Jacinth, Andy, Joanne.

## **Parish Prayer List Reminder!**

*The Parish Prayer List names are reviewed on a monthly basis. Names remain on the list as long as the Office is aware that they are to remain. Names of those we have not received updates are removed from the list unless the parish office is otherwise notified. Please let us know who is in the hospital and who is deceased. Contact: [Dana Johnson](#) at 772-770-3494.*

## **This Week, We Celebrate**

### **Birthdays**

23 - Matthew Jones  
25 - Hank Schmidt  
26 - Barbara Hardy

### **Anniversaries**

22 - Lucinda Johnson  
and Wallace Sagendorph  
23 - John & Lisa LaRusso (2021)

## **This Week, We Remember**

### **Departed**

09/27 - Enid Thoms (2024)  
10/08 - Mavis Wiggam (2018)  
10/20 - Nora Rose Orio (2016)  
10/24 - Joseph Lurgio, Sr.

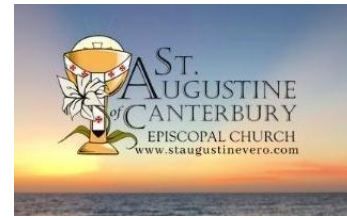


## **Altar Flowers**

Today's Altar Flowers are given by Art Thoms in loving memory of his beloved wife, Enid of 62 years. She passed on September 27 of this year.

If you would like to remember a loved one with Altar Flowers, please fill out a flower request envelope found in the brochure rack on the wall in the Narthex, or on the Slat Wall in the Parish Hall. It can be submitted to the office or in the offering plate, or contact [Dana Johnson](#) at the Parish Office at 772-770-3494.

**Join Our Parish Family**



### Like us On Facebook

Follow St. Augustine's on Facebook and see all the latest posts.

[Like Us>](#)

### Install Church Center

Install this useful app on your phone and have secure access to the Parish Directory, the Calendar, your Giving activity and more.

[Install Instructions>](#)

### Subscribe

Click below to subscribe to Canterbury Tales on a weekly basis.

[Subscribe>](#)



#### ADDRESS:

475 43rd Avenue, Vero Beach FL 32968

TELEPHONE: 772.770.3494

OFFICE HOURS: Monday-Thursday, 9 am-2 pm  
Fridays: 9 am-12 pm

[WEBSITE](#)

*Spread the Word! Share this newsletter with a friend ...*

[f Share This Email](#)

St. Augustine of Canterbury | 475 43rd Ave. | Vero Beach, FL 32968 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)