



“The mission of St. Augustine of Canterbury parish is to grow closer to Christ and one another through worship, prayer, learning and service, and to dedicate our lives to serving Christ in the world through the power of the Holy Spirit.”

Where a Warm Welcome Awaits You!

New Ministry at St. Augustine's

We are excited to announce a new ministry, The Ministry of Welcoming. The goal is to augment the greeters by providing a warm, friendly, and personal greeting to those who visit our church. Further, to establish relationships with those who have chosen St. Augustine's as their church and assist in assimilating them into our parish family.

Welcome team members have been formed for each service and will be working with the greeters starting this Sunday to identify newcomers and welcome them.

In addition to the “Welcomers,” we are counting on the congregation to assist in this ministry. Here’s some things you can do to ensure that “A Warm Welcome Awaits You” for all visitors.

- If a “Welcomer” seats a visitor adjacent to you, be sure to say hello and welcome them.
- When joined in a pew or an adjacent pew by someone you don't know, introduce yourself. Hint: Don't ask, "Are you new here?" That can lead to hurt feelings if the person has been coming for months. Instead simply say, “I don't believe that we have met. My name is John Doe.”
- When at coffee hour, seek out someone you haven't met and introduce yourself.

More to come on this exciting new Ministry!



St. Patrick's Day Dinner & Singalong

On Friday, March 14 at 6 pm, a traditional St. Patty's Day dinner will be catered by our own Rosemarie McGlynn with a sing-a-long provided by local songstress, Julie Lendon Stone. Come get your Green On! in the Parish Hall. Look for the sign in the Narthex. Contact: [Carol Paris](#)

Save this Date and Come Help Save Lives!

On Wednesday, April 9, 9 am - 2 pm, The Big Red Bus will be stationed in St. Augustine's parking lot ready to take your blood donation. Blood is essential to life and there is no substitute. It cannot be made. Generous blood donors are the only source of blood for cancer patients, newborns and others in critical need. Details to follow. Contact: [Pam Wehrberger](#)



Find these and all our upcoming events at ...

[Calendar](#)



Where will your Lenten Journey take you?

Lent is a time of penitence and transformation, when we ask God for forgiveness and reflect on Jesus' life, death, and resurrection, through fasting, prayer, and self-examination. Many of us connect with Lent by fasting from the things we love: chocolate, wine, candies, and other distractions which separate us from prayerful reflection with God. Others might take on a new outreach project, focusing their energy into helping others in need. All of us might consider a new spiritual practice this Lent, by engaging in any one of the special Lenten programs listed here. No matter what direction your path leads, may your Lenten season be a blessed one!

MARCH 8, 9 AM - 2:30 PM (PARISH HALL)

Lenten Quiet Day

Hosted by the Episcopal Church Women and led by Br. Rick Lorino, our Lenten Quiet Day study this year is entitled, "The Words that Jesus Gave Us" (Understanding The Lord's Prayer). We start the day with a continental breakfast, followed by prayer, meditation and reflection. A light lunch will be served at noon. All members of the parish are invited. Signup is required (for food and instructional materials count). Please sign up in the Narthex. Contact: [Marilyn Black Dussault](#)

MARCH 5 - APRIL 17, 8 AM

Morning Prayer (Every Day Monday - Friday)

Make Morning Prayer part of your Lenten Journey ...Join us for [Daily Morning Prayer](#) services over the telephone. Simply dial (339) 209-4611 before 8 am, Monday through Friday to participate. The service is easy to follow and is about 20 minutes long. Newcomers, please see the [Online Instructions](#) to set up the Daily Office App. [Launch the Daily Office App](#)>

THURSDAYS IN LENT, 9 AM (RIVERSIDE PARK)

Lenten Walks

Lent is a time for reflection, renewal and for striving towards positive additions to our lives. If you have been wanting to be more active, consider joining us on Thursday mornings at 9 am in Riverside Park on their walking trail (near the Tennis Courts). It's something I'd like to do to improve my well-being and I'd love to have you join me on my Lenten Journey. Contact me if you have questions: [Sally Munson, RN](#)

FRIDAYS IN LENT, 2 PM (SANCTUARY)

Stations of the Cross

The fourteen Stations of the Cross will be visited every Friday in Lent, including Good Friday, at 2 pm, starting March 7. Led by Anthony Tulumello, the readings and prayers are presented in pamphlets both in regular and large print. Attendees have the option of following the cross as it moves from station to station, or remaining in the pews. Verses from the Stabat Mater (Hymnal 159) are sung between stations. Contact: [Anthony Tulumello](#)

SUNDAYS IN LENT, 9 AM (LIBRARY)

Adult Christian Ed

Be sure to join us for new insights and thought-provoking discussion. Sunday mornings at 9 am in the Library. All are welcome!

WEDNESDAYS IN LENT, 5:30 PM (PARISH HALL)

Lenten Potluck Suppers

All are invited to gather for a Potluck Supper at 5:30 pm (March 12, 19, 26, April 2 and 9). **NOTE:** Wednesday, March 26 will be a special, non-potluck dinner - details to follow. Join us for some good food and great fellowship! No sign-up necessary - Just bring a favorite main, side or dessert dish. After dinner each week, Wes will lead us in study of a series from the Prayer Course entitled, "Unanswered Prayers." In this video series, we will examine why an all-powerful, all-loving God appears to be so distant, silent, or even absent in the hour of greatest need."

APRIL 13, 8 AM & 10 AM SERVICES (SANCTUARY)

Palm Sunday, The Sunday of the Passion

This solemn day marks the beginning of Holy Week. We begin by joining Jesus' triumphal procession into the city of Jerusalem with joyful "Hosannas!", and end with the confusion and fear that leads to the cross. Regular service times on this day.

HOLY WEEK

Thursday, April 17 – Maundy Thursday Service, 5:30 pm

Friday, April 18 – Good Friday Service, 5:30 pm

Saturday, April 19 – Easter Vigil Service, 7:30 pm (No 5:30 pm service)

Sunday, April 20 – Easter Sunday Services, 8 & 10 am

Looking to Deepen Your Faith?

LENTEN SERIES

Sunday Adult Christian Education

"From Passover to Eucharist"

This Lent, our Sunday morning Christian Ed program will embark on a four-week series entitled, "From Passover to Eucharist" running March 9 -30, at 9 am in the Library.

As a group, we will examine the roots and meaning of both the Passover celebration in Judaism and the Eucharistic celebration in Christianity and explore their relationships. We will look specifically at how the first Passover meal celebrates an event that has not yet occurred, as does the first Eucharist. We will discuss how both celebrations look to the past and to the future, and we will gain an understanding of the symbolic foods of the Passover and how Jesus takes two of these, the unleavened bread and wine, and presents these as his body and blood. Finally, we will examine the significance of the Exodus story for the Jewish people and how its significance manifests itself in the meaning of the Eucharist for Christians.

Come be part of this thought-provoking discussion!

Questions? Contact: [Russell Kratz](#)



LENTEN SERIES

"Unanswered Prayers"

Come to our Lenten Potlucks for some good

food, and great food for thought! Wednesdays evenings at 5:30 pm

For our Lenten Series this year we will be looking at a video series from the Prayer Course entitled "Unanswered Prayers." This is from the 24-7 Prayer Group which is led by Pete Greig. He wrote a book on the subject called, "God on Mute" that some of you may find helpful in preparing for this class, although it is not necessary. On page one of the introduction he



states, "Prayer offers profound solace in times of trouble, but it also provokes deep questions. Many people will soon wonder why the most heartfelt, desperate prayers of their lives- for healing and protection- are simply not working, why an all-powerful, all-loving God appears to be so distant, silent, or even absent in their hour of greatest need." He goes on to say, "Eventually, inevitably, every single one of us is compelled to ask the three most painful and important questions: "How am I going to get through this?"; "Why is God allowing this to happen?"; and "Where on earth are You, God, when heaven is silent?"

Perhaps some of you have had seasons where you wrestled with these questions, or perhaps that is where you find yourself currently. Trusting in God is central to our faith, but that doesn't mean it is always easy. Life can get messy and answers are not always as clear as we would like them to be. This course will wrestle with these questions and more and I look forward to you joining us for this study. Questions? Contact: [Fr. Wes Shields](#)
[More Info on 24-7 Prayer](#)>



Women's Bible Study: Come Make a Connection!

Connections is a women's Bible study ministry serving women of all ages. We learn from each other, grow in our faith, and develop rich friendships as we study the

Bible together in small discussion groups facilitated by a leader. **Starting January 7, we will meet for 12 weeks on Tuesdays from 9:30-11 am** in the Parish Hall to study the Gospel of Matthew. Our facilitators will be Anita Plummer and Valerie Reich.

[Purchase your study guide using this link](#)



Come Join Us Anytime! No sign-up necessary - there is always a seat at the table ready just for you! **Contact:** [Valerie Reich](#)
[Order Study Guide](#)>

This Week in Sunday School ...

we will be learning about the story of baby Moses and how he was found by Pharaoh's daughter by the river. As the king of Egypt ordered that all Hebrew baby boys be killed, Moses' mother placed him in a basket and set him afloat on the Nile River, trusting God to protect him. Pharaoh's daughter discovered the baby and, moved with compassion, decided to care for him.

This story teaches us about God's protection and faithfulness, even in difficult times. We will also learn about the courage and trust that Moses' mother displayed, and how God has a plan for each of us, even before we are born. Children will be encouraged to trust God in every situation, knowing that He watches over us with love and care.



Come Join Us!

We meet **Sundays** (no class the first Sunday of each month), **at 10 am** in the far classroom in the Old Parish Hall. Come along with your friends and make new ones too!

Ages K-8 welcome – we can't wait to see you there! Parishioners, if you have kids, grandkids, neighbors, or anyone that might be interested in Sunday School, please contact ministry leader [Michelle Guancione](#).

Outreach

Salvation Army Pantry: Carry On!

While we continue to make a real difference with our food donations to the Salvation Army, the need continues to grow. Show the love by imagining those empty shelves filled to the brim. Your contributions may be placed in the



We are only collecting these items at this time. Thank you!

FOOD COLLECTION

Please donate:
Pasta
Spaghetti Sauce
Peanut Butter

collection box in the Parish Hall. We only accept three items: pasta, spaghetti sauce and peanut butter (at their request). Thank you for your generosity in helping to serve local Vero residents in need!



Try On a New Service Hat!

All of these opportunities to serve can be fulfilled on a flexible schedule and carry no ongoing commitment. Explore a new outreach project this Lenten season!

3RD FRIDAYS AT THE SOURCE

Many thanks to the 7 parishioners who have stepped forward to join us in this ministry! The possibility of setting up teams of 4 or 5 members who can alternate months is under consideration. The Outreach Ministry is now serving dinner on a monthly basis at The Source, which involves menu-planning, shopping, cooking in the parish kitchen and serving the evening meal onsite (all as separate tasks). Our next service date is Friday, February 21. Please contact: [Tony Tulumello](#) if you would like to be part of this important ministry.



SHINING LIGHT GARDEN

Saturday, March 22, 8:30-10:30 am at 7275 49th St, Vero Beach

A new growing season is starting! Come plant, weed and harvest vegetables for Shining Light Garden, one of St. Augustine Serves monthly community outreach projects. The produce we help grow is distributed to our neighbors in need via local food pantries, soup kitchens, homeless shelters, and other assistance programs throughout Indian River County. Don't forget your work gloves, water, sun screen and hat! Ministry contact: [Barbara McGowan](#)



Health & Wellness

March is Colon Cancer Month

By Nancy Kelly, LPN

It's March! Time to talk turkey with the Gastroenterology Chick! I will try to not bore you with statistics and medical jargon. Guess what? Colonoscopy is the only cancer screening technique that can actually prevent cancer, not just detect it.



This Sunday!

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil.

LUKE 4:1

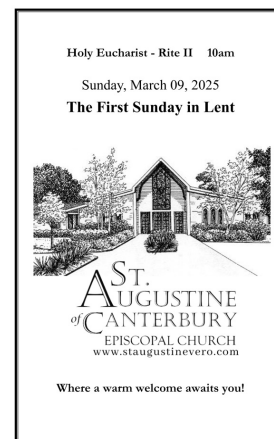
Come Worship with us this Sunday!

St. Augustine of Canterbury invites you to join us for worship this **First Sunday in Lent**, either in person or at home via [Livestream](#). Or watch our livestreamed service anytime during the week on our [YouTube channel](#).

Interested in receiving Home Communion? Just call the church office (772-770-3494) and ask to be put on the Home Communion list.

[Worship Schedule>](#)

[Download the Bulletin>](#)



Sunday Morning Fellowship

Please come join us Sundays for Coffee Hour after the 8 am and 10 am services in the Parish Hall. Enjoy the fellowship of your fellow parishioners. You never know who you might meet!

Readers and Servers

This week's Readers and Servers will be ...

Saturday, 5:30 pm

All duties: Jane Ferguson

Sunday, 8 am

Lessons: Bob Stasonis

POTP: Tom Hall

Ushers: Jo Ann Kirchhoff, Valorie Stevenson

Coffee Hour: Byon & Inge Curcio

Sunday, 10 am

Ushers: Dick & Karen Monaco,
and Tom Wehrberger

Lessons: Sally Munson

POTP: Janie Gould

Chalice: Pam & Tom White

Crucifer: Tom White

Torches: Pam & Tom White
LEM: Sally Munson

Livestream: Emma Shields
Sunday School Assistant: Pam Wehrberger
Coffee Hour: Brian & Karen McIntyre, Donna Copeland and Tom Elwood

Lent 1

Jesus answered...
“It is written”

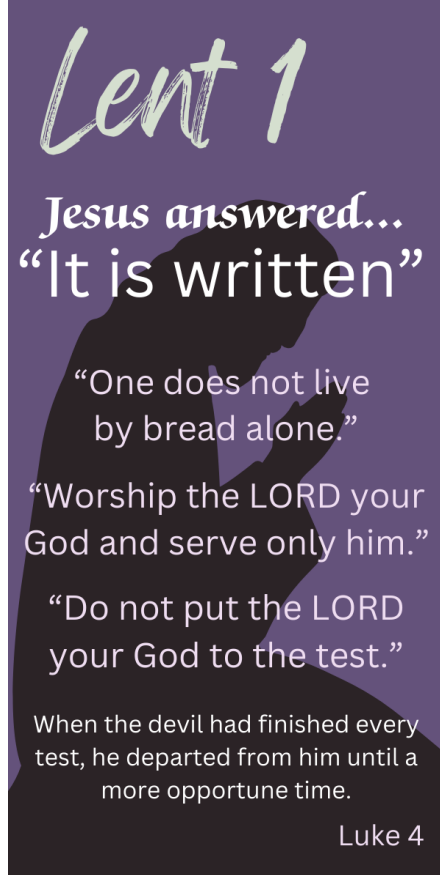
“One does not live by bread alone.”

“Worship the LORD your God and serve only him.”

“Do not put the LORD your God to the test.”

When the devil had finished every test, he departed from him until a more opportune time.

Luke 4



Join us this Week for ...

Morning Prayer | Daily 8 am

Join in on [Daily Morning Prayer](#) services over the telephone. Simply dial (339) 209-4611 before 8 am, Monday through Friday to participate. The service is easy to follow and is about 20 minutes long. Newcomers, please see the [Online Instructions](#) to set up the Daily Office App. [Launch the Daily Office App>](#)



Parish Prayer Group | Mondays at 1:30 pm | Library

Prayer Shawl & Knitting Ministry | Tuesdays, 1-3 pm | Library

Healing Eucharist | Wednesdays at 10 am | Sanctuary

Bible Study with Fr. Wes | Wednesdays at 11 am | Library

News & Notes

Daylight Savings Time Starts
Sunday, March 9 at 2



am

Be sure to set your clocks forward by one hour. See you in Church on Sunday!

Diocesan Convention Recap

At the 56th annual Diocesan Convention of the Episcopal Diocese of Central Florida, the overarching theme of "For the Churches, for the Gospel" spread from liturgy to learning, from presentations to praise and worship, from the Eucharist to elections - all carried out and completely filling the two days of sessions held Jan. 24-25, 2025 at Trinity, Vero Beach. This annual coming-together of clergy, laity, diocesan staff, vendors and honored guests provides the opportunity for the 80 churches of a far-reaching diocese to conduct necessary business and serves as a reminder of their shared vision and emphasis. Here is a summary of what was discussed and voted on.



In his 2025 Convention address, the Rt. Rev. Dr. Justin S. Holcomb shared a compelling vision for the Diocese of Central Florida, framed by this year's theme: "For the Churches, For the Gospel." [Watch here>](#)
[Official Convention Summary>](#)
[Convention Notes>](#)
from our delegates, Marianne Rowan, David Rowan, Cris Vaccaro

Mark Your Calendars!

Thurs., Mar. 6, 13, 20, 27 - Lenten Walks, 9 am, Riverside Park

Fri., Mar. 7, 14, 21, 28 - Stations of the Cross, 2 pm, Sanctuary

Sat., Mar. 8 - Lenten Quiet Day, 9 am - 2:30 pm, Parish Hall

Sun., Mar. 9 - Daylight Savings Begins

Tues., Mar. 11, 18, 25 - Connections: Women's Bible Study, 9:30 am

Wed., Mar. 12, 19, 26 - Lenten Potluck Suppers, 5:30 pm, Parish Hall

NOTE: Wed., Mar. 26 will be a special, non-potluck dinner - details to follow.

Fri., Mar. 14 - St. Patrick's Day Dinner & Singalong, 6 pm, Parish Hall

Tues., Mar. 18 - Men's Breakfast, 9 am, CJ Cannons

Fri., Mar. 21 - Third Fridays at The Source

Sat., Mar. 22 - Daughters of the King, 10 am, Library

Tues., Mar. 25 - Caregivers Support Group, 2 pm, Parish Hall

Wed., Mar. 26 - Special Lenten Dinner, 5:30 pm, Parish Hall

Sun., Mar. 30 - Blood Pressure Screening/Dietician Consults, 9 am, Parish Hall

Find these events and more on our [St. Augustine's calendar](#)

CALENDAR

Useful Links

- [How to Choose a Bible](#) by the Rev. Wes Shields
- [Church Center](#) To access our Church Center database app on the web
- [Daughters of the King Prayer List](#)
- [Morning Prayer info and downloads](#)
- [Livestream Services](#)
- [St. Augustine's Facebook Page](#)
- [St. Augustine's YouTube Channel](#) To subscribe: Sign in to YouTube on your computer. Go to [St. Augustine's YouTube channel](#) and select a video to play. Click "Subscribe" under the play window.

Please Keep in Your Prayers

Please pray for ... all who are affected by violence, conflict or impacted by natural disasters. We also pray for James, Frank, Carol, Cheryl, Al, Carl, Ken, Darlene, Sherry, Jill, Elaine, Matthew, Evelyn, Kathleen, Glenda, Dakota, Arden, Elinor, Jacinth, Andy, Joanne.

Parish Prayer List Reminder!

The Parish Prayer List names are reviewed on a monthly basis. Names remain on the list as long as the Office is aware that they are to remain. Names of those we have not received updates are removed from the list unless the parish office is otherwise notified. Please let us know who is in the hospital

and who is deceased. Contact: [Dana Johnson](#) at 772-770-3494.

This Week, We Celebrate

Birthdays

- 10 - Kathleen Hillcoat
- 12 - Ron Neely
Dick Monaco
- 13 - Emma Shields
- 14 - Melani Bobson
Leslea McCabe
- 15 - Donna Babb

Anniversaries

- 11 - Eric & Marolyn Findlay

This Week, We Remember

Departed

- 12 - George Adams (2022)



Altar Flowers

Please be aware that starting this Sunday, March 9, that there will be no flowers on the altar during Lent. However, if you would like to remember a loved one with Altar Flowers starting in the Easter season, please fill out a flower request envelope found in the brochure rack on the wall in the Narthex, or on the Slat Wall in the Parish Hall. It can be submitted to the office or in the offering plate, or by contacting [Dana Johnson](#) at the parish office at 772-770-3494.

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Install Church Center

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[Install Instructions>](#)



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Fridays: 9 am-12 pm

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